



## How Can I Become a Spiritual Mom?

- Our first priority each spring is to find one-to-one Spiritual Moms *who can attend Friends Night*. Outside of these women, we encourage as many as possible, from all across the country, to participate as general intercessors, no matter what diocese they come from. Our goal is to make the “dome of grace” as full and strong as possible, all across the country, to encourage and to protect all of the seminarians during their summer of prayer.
- If you would like to be a part of this program, please see the contact information on the back of this pamphlet.



Use the QR Code to visit the IPF Spiritual Mom webpage

## Expectations

- It is very important for the seminarians to commit to their summer of prayer without unnecessary interruptions, so we respectfully ask that Spiritual Moms do not make any contact with the seminarians until **Friends Night**. Likewise, seminarians are asked not to contact their Spiritual Mom for financial help or to meet socially.
- IPF neither encourages nor discourages longer term relationships. After meeting in person at Friends Night, if there is a mutual agreement, the seminarian and Spiritual Mom may decide to keep in touch.
- As Spiritual Moms, our priority is to create a “dome of grace” that nurtures and protects the seminarians' vocations during their summer with IPF. This is our gift to them.

### For Further Information, contact:

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# Spiritual Moms





## What is a Spiritual Mom?

Spiritual Moms are women who agree to pray intercessory prayer for the seminarians attending the IPF Summer Program for Diocesan Seminarians at Creighton University in Omaha. There is no financial commitment; this is strictly a prayer apostolate.

### Two Ways to Serve

- **One-to-One Intercessor:** One Spiritual Mom is matched with one seminarian. We request that the Spiritual Mom *pray one Hail Mary for her seminarian each day* during the nine week summer program and **is available to attend Friends Night in July.**
- **General Intercessor:** We also need Spiritual Moms from around the country to be general intercessors for all the seminarians in attendance this summer. They are also asked to *pray one Hail Mary a day* for the seminarians in the summer program. General Intercessor Spiritual Moms are welcome to attend **Friends Night**, but it is not required.

### Weekly Updates

For Spiritual Moms who wish to direct their prayer intentions more specifically, a weekly email will be sent with information regarding the seminarians' course of study that week and intentions from our staff.



### Friends Night

Near the end of July, IPF hosts an evening of prayer and hospitality, where Spiritual Moms and Sons meet in person for the first time.

The evening begins with an hour of Eucharistic Adoration. Then, all adjourn to a reception. A short program follows, where seminarians share graces from their time spent at IPF.



## The History of IPF Spiritual Moms

On March 25, 2008, the Institute for Priestly Formation became a Public Association of the Faithful. A small group of women associated with IPF gathered together to celebrate with a luncheon.

All 14 women in attendance agreed that the 150 seminarians who would soon be arriving should have a Spiritual Mom who would pray for them daily. The women contacted their prayer groups, friends, and families, and by the time the seminarians arrived, each had been assigned a Spiritual Mom.

After that year's program had ended, IPF faculty spoke of a "dome of grace" that had covered the program throughout the summer. They attributed this "dome" to the prayers of the Spiritual Moms.

