



INSTITUTE *for* PRIESTLY FORMATION  
*Hearts on Fire for Christ*

# Spiritual Moms





## How To Become a Spiritual Mom?

Each spring, we seek one-on-one Spiritual Moms who can attend Friends Night. However, we also welcome women from all dioceses across the country, to serve as intercessors, uniting in prayer to strengthen and protect seminarians throughout their summer of discernment and formation.

To participate, please refer to the contact information on the back of this pamphlet.



Use the QR Code to visit the IPF Spiritual Mom webpage



# What is a Spiritual Mom?

A Spiritual mom is a woman who commits to intercessory prayer for seminarians attending the IPF Summer Program at Creighton University in Omaha, Nebraska. This is a beautiful ministry of prayer, with no financial obligation - just supporting future priests through the power of prayer.

## Two Ways to Serve

- *One-to-One Spiritual Mom:* A Spiritual Mom is paired with a seminarian and commits to praying **one Hail Mary daily** for him throughout the six-week summer program. Attendance at Friends Night in July is highly encouraged to meet your seminarian in person.
- *Prayer Partner:* Spiritual Moms from anywhere in the country, pray **one Hail Mary daily** for all seminarians in the program. While attending Friends Night is welcomed, it is not necessary.

# Friends Night

Each July, IPF hosts an evening of prayer and fellowship where Spiritual Moms and seminarians meet in person for the first time.

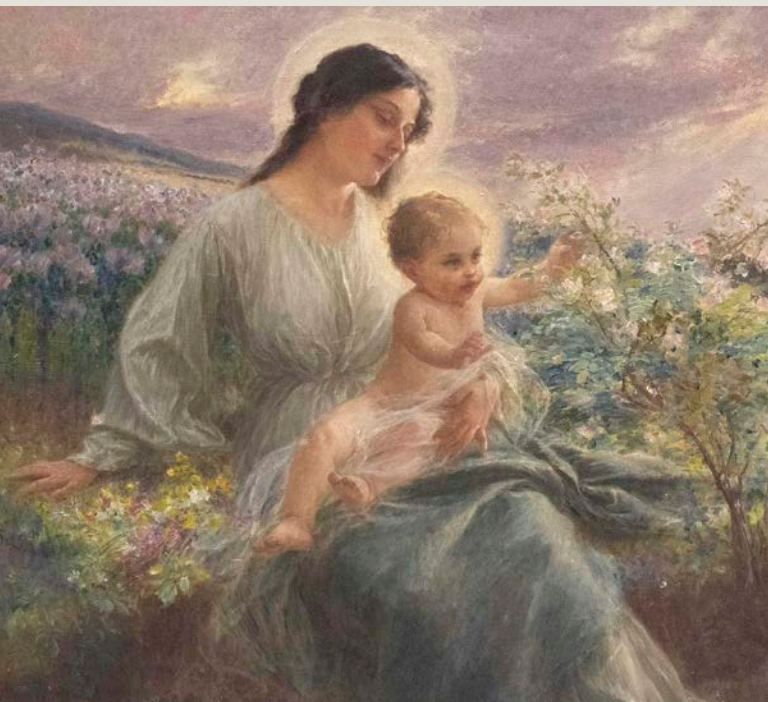
The evening begins with an hour of Eucharistic Adoration, followed by a reception. A short program concludes the night, where seminarians share the graces they have received throughout their summer at IPF.



# The History of IPF Spiritual Moms

The tradition of Spiritual Moms began in 2008, when the Institute for Priestly Formation became a Public Association of the Faithful on March 25. To celebrate, a small group of women gathered for a luncheon and felt called to spiritually support the 150 seminarians arriving that summer. They quickly reached out to prayer groups, friends, and family, and by the time the seminarians arrived, each one had a dedicated Spiritual Mom.

At the end of the summer, IPF faculty spoke of a "dome of grace" that had surrounded the program - an outpouring of protection and blessing attributed to prayers of the Spiritual Moms. This beautiful tradition continues to this day, strengthening seminarians through the power of prayer.





INSTITUTE *for* PRIESTLY FORMATION

*Hearts on Fire for Christ*

**For Further Information, contact:**

Dawn Sledge  
Events and Volunteer Coordinator  
[dsledge@priestlyformation.org](mailto:dsledge@priestlyformation.org) • 531-272-8498

11626 Nicholas Street  
Omaha, Nebraska 68154  
or visit [www.priestlyformation.org](http://www.priestlyformation.org)  
[www.facebook.com/InstituteforPriestlyFormation](https://www.facebook.com/InstituteforPriestlyFormation)

2025